





mental health issues

**Skill Learning Outcomes:** The student will:

**B-2 Demonstrate the ability to express accurate empathy, active and reflective listening skills, build rapport, establish/maintain a therapeutic alliance, and facilitate the core conditions in a helping interview.** (F.1.i, F.1.k, F.5.f, F.5.g, F.5.j, F.5.n, F.8.b, C.1.b, C.2.j, C.2.l, C.3.b)

F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling

F.1.k. strategies for personal and professional self-evaluation and implications for practice

F.5.f. counselor characteristics and behaviors that influence the counseling process

F.5.g. essential interviewing, counseling, and case conceptualization skills

F.5.j. evidence-based counseling strategies and techniques for prevention and intervention

F.5.n. processes for aiding students in developing a personal model of counseling

F.8.b. identification of evidence-based counseling practices

C.1.b. theories and models related to clinical mental health counseling

C.2.j. cultural factors relevant to clinical mental health counseling

C.2.l. legal and ethical considerations specific to clinical mental health counseling

C.3.b. techniques and interventions for prevention and treatment of a broad range of mental health issues

**GOAL C:**

Understand and practice the basic foundations of a culturally sensitive developmental approach to counseling that emphasizes respecting individual differences and demonstrating self-awareness of how culture influences the counseling relationship. (CACREP STANDARDS F.1.i, F.1.k, F.2.e, F.2.g, F.5.a, F.5.f, F.5.g) 0.125 0.376 rg0 0.125 0.376 9124612 792 reWBT/F4 12 Tf1 0 0 1 503

**intervention**

C.1.b. theories and models related to clinical mental health counseling

C.2.j. cultural factors relevant to clinical mental health counseling *f*

*f* C.2.l. legal and ethical considerations specific to clinical mental health counseling

C.3.b. techniques and interventions for prevention and treatment of a broad range of mental health issues

**Skill Learning Outcomes:** The student will:

**C-2 Demonstrate the ability to be culturally sensitive, respecting individual differences, and an awareness of the cultural influences on the therapeutic relationship.** (F.1.i, F.1.k, F.2.e, F.2.g, F.5.a, F.5.f, F.5.g, F.5.j, F.5.n, C.1.b, C.2.j, C.2.l, C.3.b)

F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling

F.1.k. strategies for personal and professional self-evaluation and implications for practice

competencies

F.2.e. the effects of power and privilege for counselors and clients



