

**MHC7605**  
(9/19/12)

**WILMINGTON UNIVERSITY  
COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES  
BASIC COURSE INFORMATION**

**COURSE TITLE:** Counseling Diverse Populations

**COURSE NUMBER:** MHC 7605

**I. MAJOR INSTUCTIONAL GOALS:**

**GOAL A:**

Increase awareness and understanding of personal attitudes, beliefs, values, biases, and acculturative experiences regarding culturally diverse groups. (CACREP STANDARDS G.2.b, G.2.e, CLINICAL MENTAL HEALTH STANDARDS F3)

**Knowledge Learning Outcomes:** The student will:

- A-1 Describe and understand the relationship between personal beliefs, feelings, behaviors, and culturally related contributory factors.** (G.2.b, G.2.e)
- A-1 *Learning Activity:*** Maintain a journal that reflects upon personal beliefs, feelings, attitudes, and behaviors related to readings, lectures, and class discussions (classroom and/or online environments) regarding multicultural experiences.
- A-1 *Outcome Indicator:*** Achieve a passing grade on “Multicultural Experience Inventory” and “Personal Assessment Survey” assignment.
- A-2 Identify thoughts, behaviors, beliefs, and biases held toward different groups.** (G.2.b, G.2.e)
- A-2 *Learning Activity:*** Maintain a journal that reflects upon readings, lectures, and class discussions (classroom and/or online environments) regarding counselor attitudes and beliefs towards diverse groups.
- A-2 *Outcome Indicator:*** Achieve a passing grade on “Imaging Diversity” assignment.
- A-3 Demonstrate cultural awareness knowledge.** (G.2.b, G.2.e, F3)
- A-3 *Learning Activity:*** a) Student classroom presentations of chapter sections on cultural awareness from text; b) As part of the Research Project,

presentation of a role play of a specific counseling issue for a specific cultural group

**A-3 Outcome Indicator:** a) and b) Achieve a satisfactory score on **Dimension 6** –

- C-1 *Learning Activity:*** a) Readings, lecture and classroom discussion (classroom and/or online environments) of characteristics and current trends for various cultural groups; b) Student classroom presentations of chapter sections on cultural awareness from text; c) Group Research Project;
- C-1 *Outcome Indicator:*** a) Achieve passing score on Final Examination b) and c) Achieve a satisfactory score on: i) **Dimension 2** - Presented Multicultural and Pluralistic Trends, Including Educational and Economic Trends, Within and Among Diverse Group, and ii) **Dimension 3** – Researched Additional Counseling Issues (specific to this particular group on the **Counseling Diverse Populations Group Research Project Scoring Rubric.**
- C-2 Describe attitudes, beliefs, understandings, and acculturation experiences, including specific experiential learning activities designed to foster understanding of self and culturally diverse clients. (G.2.b)**
- C-2 *Learning Activity:*** a) Conduct an inter-group interview; b) Group Research Project.
- C-2 *Outcome Indicator:*** Achieve a satisfactory score on **Dimension 1**- Presented Attitudes, Beliefs, Understandings, and Acculturation Experiences (specific to this particular group) on the **Counseling Diverse Populations Group Research Project Scoring Rubric.**
- C-3 Understand counselors' roles in eliminating biases, prejudices, and processes of intentional and unintentional oppression and discrimination and their roles in promoting cultural social justice, advocacy and culturally supported behaviors that promote optimal wellness and growth of the human spirit, mind, or body (G.2.c, G.2.e, G.2.f)**
- C-3 *Learning Activity:*** a) Readings, lectures, and class discussions (classroom and/or online environments) of multicultural competencies, identity development theories, and social justice, b) Maintain a journal that reflects upon personal beliefs, feelings, attitudes, and behaviors related regarding multicultural experiences, multicultural competencies, racial identity development and social justice, and c) Panel discussion project
- C-3 *Outcome Indicator:*** a) Achieve passing score on **Final Examination**, b) Satisfactory assessment of personal reflections in Journal, and c) Achieve a satisfactory score on **Dimension 2** - . Discussed Counselor Roles in Eliminating Biases, Prejudices, and Processes of Intentional and Unintentional Oppression and Discrimination and Their Roles in Promoting Social Justice and Culturally Supported Behaviors that Promote Wellness





