



**MHC 7905**

(06/2019)

**COLLEGE OF SOCIAL & BEHAVIORAL SCIENCES  
BASIC COURSE INFORMATION**

**COURSE TITLE:** Clinical Mental Health Counseling Practicum

**COURSE NUMBER:** MHC 7905

***PREREQUISITES:*** *MHC 6402, MHC 6501m MHC 6502, MHC 6901, MHC 7207, MHC 8020, MHC 8061, MHC 8062, MHC 8011, MHC 8012, 18 additional*

**COURSE DESCRIPTION:** The Practicum clinical field experience is comprised of 100 total clock hours of supervised counseling experience in a mental health agency setting, a group supervision seminar, site supervision, and faculty supervision. The focus is a broad orientation to the clinical aspects of the field of mental health counseling with strong emphasis being placed on personal and professional identity and self

**Skills and Practices Learning Outcome:** The student will:

**A-2 Understand how to apply knowledge of public mental health policy, financing, and regulatory processes to manage and improve service delivery opportunities in clinical mental health counseling.** (F.1.i, F.1.g, C.1.b, C.1.c, C.2.b)

F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling

F.1.g. professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues

C.1.b. theories and models related to clinical mental health counseling

C.1.c. principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning

C.2.b. etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders

**GOAL B:**

Demonstrate the skills and practices of assessment in clinical mental health counseling. (CACREP STANDARDS F.1.i, F.5.d, F.5.f, F.5.g, F.5.n, F.7.b; CLINICAL MENTAL HEALTH COUNSELING STANDARDS C.1.b, C.2.b, C.2.c, C.2.d, C.3.a, C.3.b)

**Skills and Practices Learning Outcome:** The student will:

**B-1 Select appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols and Practices Learning**



C.3.b. techniques and interventions for prevention and treatment of a broad range of mental health issues

**GOAL C:**

Demonstrate counseling, prevention, and intervention skills and practices of clinical mental health counseling. (CACREP STANDARDS F.1.i, , F.5.a, F.5.b, F.5.d, F.5.f, F.5.g, F.5.h, F.5.i, F.5.j, F.7.b, F.8.b; CLINICAL MENTAL HEALTH COUNSELING STANDARDS C.1.b, C.1.c, C.2.b, C.2.c, C.2.d, C.3.a, C.3.b)

**Skills and Practices Learning Outcome:** The student will:

**C-1 Use the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain, and terminate counseling.** (F.1.i, F.5.a, F.5.b, F.5.d, F.5.f, F.5.g, F.5.h, F.5.i, F.5.j, F.7.b, F.8.b, C.1.b, C.1.c, C.2.b, C.2.c, C.2.d, C.3.a, C.3.b)

F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling

F.5.a. theories and models of counseling

F.5.b. a systems approach to conceptualizing clients

F.5.d. ethical and culturally relevant strategies for establishing and maintaining in-

**C-2 Demonstrate appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling.** (F.1.i, F.5.a, F.5.b, F.5.d, F.5.f, F.5.g, F.5.h, F.5.i, F.5.j, F.7.b, F.8.b, C.1.b, C.3.a, C.3.b)

F.1.i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling

F.5.a. theories and models of counseling

F.5.b. a systems approach to conceptualizing clients

F.5.d. ethical and culturally relevant strategies for establishing and maintaining

